

SPECIAL BONUS!  
PP 139

"ELEGANT PREGNANCY  
JOURNAL"

*Tiny Kicks, Big Dreams:*  
*A Pregnancy Journal*  
*to Treasure*





# A Letter To

## M O M S - T O - B E

Dear Moms-to-Be,

**Congratulations on this incredible journey you're about to embark on! As you prepare to welcome your little one into the world, I wanted to share something special with you - the idea of starting a pregnancy journal.**

**This journal isn't just a book of notes; it's a treasure trove of memories. Inside its pages, you'll capture the magic of every flutter, kick, and milestone of your pregnancy. From the first inklings of morning sickness to the joyous anticipation of your baby's arrival.**

**In those quiet moments of reflection, you'll find solace and strength within the pages of your journal. It's a space where you can pour out your hopes and dreams knowing that each word is a testament to the love you hold for your unborn child.**

**I encourage you to pick up your pen and start writing. Let your words weave a tapestry of love and excitement, a story that you and your little one will cherish for years to come.**

**With love and warm wishes,**

**Maria D'souza**

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